



Classic Prenatal

VITAMIN AND MINERAL
SUPPLEMENT

100 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults only: One tablet daily, preferably with a meal, as a dietary supplement or as directed by your doctor.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet		*% DV for Pregnant or Lactating Women
Vitamin A (as acetate)	2400 mcg	185%
Vitamin C (as ascorbic acid)	60 mg	50%
Vitamin D (as cholecalciferol)	10 mcg	67%
Vitamin E (as alpha tocopherol acetate)	13.5 mg	71%
Thiamin (as thiamine mononitrate)	1.7 mg	121%
Riboflavin	2 mg	125%
Niacin (as niacinamide)	20 mg	111%
Vitamin B6 (as pyridoxine HCl)	4 mg	200%
Folate	1333 mcg DFE (800 mcg Folic Acid)	222%
Vitamin B12 (as cyanocobalamin)	8 mcg	286%
Calcium (as calcium sulfate)	200 mg	15%
Iron (as ferrous fumarate)	28 mg	104%
Iodine (as potassium iodide)	150 mcg	52%
Magnesium (as magnesium oxide)	100 mg	25%

*%Daily Value (DV) for Pregnant and Lactating Women.

Other Ingredients: Microcrystalline cellulose, gelatin, croscarmellose sodium, stearic acid, silica, dicalcium phosphate, starch, hypromellose, magnesium stearate, talc, sucrose, mineral oil, polyethylene glycol, sodium ascorbate, BHT, triglycerides, sodium benzoate, sorbic acid and tocopherols.

Free of gluten, yeast, soy, milk products, artificial colors - flavors.

Consult your doctor before use if you are pregnant, nursing or taking any medication.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of the reach of children.** In case of accidental overdose, call a physician or Poison Control center immediately. **(800) 222-1222**

To preserve quality and freshness, keep bottle tightly closed.

Store between 15°- 30°C (59°- 86°F).

KEEP OUT OF REACH OF CHILDREN.

Questions or comments?

1-800-645-2158

www.rugbylaboratories.com

Distributed by: Rugby Laboratories
17177 N Laurel Park Drive, Suite 233

Livonia, MI 48152

Re-order No. 370497

Rev. 09/19 R-29

11085-09-19



0 05364 06301 2

LOT./ EXP. DATE: