

## **GOLD STANDARD 100% ISOLATE**

To create GOLD STANDARD 100% ISOLATE™, we start by selecting only the highest quality whey protein which undergoes a series of sophisticated filtration processes to 'isolate' out excess fat, cholesterol, and sugar. A portion of this Whey Protein Isolate is then hydrolyzed broken down into smaller chains of amino acids - for easier digestion. The final product is a fast digesting complete protein containing no more than 1 gram of carbohydrates, 0.5 grams of fat and more than 80% of pure protein per serving. We put in the hard work to assure superior quality, so you can focus on achieving ambitious performance goals.

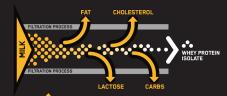
Peel back the label to learn more about our quality credentials

## **BEYOND THE BASICS**

- 25 Grams of Pure Whey Protein Isolate
- 1 Gram of Carbs per Serving
- Hydrolyzed and Ultra Filtered Whey Protein Isolate
- Each Serving of GOLD STANDARD 100% ISOLATE™ is Composed of at Least 80% Protein
- Delicious Taste in 6-8 Fluid Ounces of Cold Water
- 5.5 Grams of Naturally Occurring BCAAs
- 4.3 Grams of Naturally Occurring Glutamine & Glutamic Acid
- 11.4 Grams of Naturally Occurring Essential Amino Acids



# **ULTRA FILTERED FOR EXCEPTIONAL PURITY**



igars, and other materials are removed so that 0.5 grams of total fat and ram of carbohydrates remain in each serving of Gold Standard 100% Isolate







# **GOLD STANDARD**

HYDROLYZED AND ULTRA-FILTERED WHEY PROTEIN ISOLATE

# **Nutrition Facts**

24 servings per container Serving size About 1 Scoop (31g)

Amount per serving

**Calories** 

% Daily Value Total Fat 0.5q Cholesterol <5mg Sodium 190ma Total Carbohydrate 10 Protein 25a Calcium 150mg Iron 0.5mg Potassium 240mo Not a significant source of saturated fat, trans fa dietary fiber, total sugars, added sugars and

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Partially Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Cocoa (Processed with Alkali), Natural and Artificia Flavor, Lecithin, Salt, Sucralose,

CONTAINS: Milk and Soy.

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In addition to testing each ingredient that arrives at our factory to verify precise specifications, OPTIMUM NUTRITION tests every product at different stages of production. This uncompromising commitment to quality assurance is what distinguishes us as a company.

TO LEARN MORE ABOUT WHAT SEPARATES OPTIMUM NUTRITION FROM THE REST, PEEL BACK THE LABEL OR VISIT OPTIMUMNUTRITION.COM/TRACKMYTUB

DIRECTIONS: Mix 1 scoop (31g) with 6 to 8 fluid ounces of cold water

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

STORE IN A COOL, DRY PLACE.