

### the edge you've been looking for

Patented ProVantage® meets the needs of physically active people with a balance of advanced ingredients — including creatine, CoQ10 and supercharged amino acids — formulated to improve performance, endurance, recovery and repair.\*

### advantage: soy

Not all proteins are created equal. Powered by Reliv's exclusive LunaRich® soy powder, ProVantage protects the body by reducing muscle fatigue and speeding recovery.\*

### directions

Add ProVantage to water, juice or milk — 1 scoop per 8 oz. of liquid — and shake or blend until creamy. May be taken any time of day. For optimal muscle recovery, use ProVantage within 60 minutes following exercise. At least 1 scoop per day is recommended to maintain optimal benefits.

**For more information or to order, call 800 RELIV US (735.4887).**

Bioperine® is a trademark of the Sabinsa Corporation.

Tonalin CLA® is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

ProVantage® has been issued U.S. Patent #8,168,241.

This product is licensed under U.S. Patents No. 6,136,339, No. US 6,136,339 C1, and No. 6,620,425.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.



# PRO VANTAGE®

dietary supplement

US patent  
8,168,241

13g  
soy protein  
per serving

Twenty-five grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One serving of ProVantage provides 13 grams of soy protein.

Net Wt. 13.75 oz

## Supplement Facts

Serving Size: 1 Scoop (26 g)  
Servings Per Container 15

|                          | Amount per Serving | % Daily Value |
|--------------------------|--------------------|---------------|
| Calories                 | 100                |               |
| Total Fat                | 1.5 g              | 2%†           |
| Total Carbohydrate       | 8 g                | 3%†           |
| Total Sugars             | 5 g                | **            |
| Includes 5g Added Sugars |                    | 10%           |
| Protein                  | 13g                |               |
| Sodium                   | 85 mg              | 4%            |

|                                                 |        |    |
|-------------------------------------------------|--------|----|
| <b>ProVantage Proprietary Amino Acid Blend</b>  | 694 mg | ** |
| L-Leucine                                       |        | ** |
| L-Glutamine                                     |        | ** |
| L-Arginine Base                                 |        | ** |
| L-Lysine HCl                                    |        | ** |
| L-Alanine                                       |        | ** |
| Glycine                                         |        | ** |
| L-Ornithine Alpha Ketoglutarate                 |        | ** |
| <b>ProVantage Performance Proprietary Blend</b> | 1.22 g | ** |
| Creatine Monohydrate                            |        | ** |
| Medium Chain Triglycerides                      |        | ** |
| Phosphatidylserine (soy)                        |        | ** |
| Phosphatidylcholine                             |        | ** |
| L-Carnitine                                     |        | ** |
| Grape (seed) Extract                            |        | ** |
| Conjugated Linoleic Acid (Tonalin® CLA)         |        | ** |
| Coenzyme Q 10                                   |        | ** |
| Black Pepper (fruit) Extract (Bioperine®)       |        | ** |
| Alpha-Lipoic Acid                               |        | ** |

†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily value not established.



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**Other Ingredients:** Non-GMO Soy Blend with LunaRich® Soy Powder, Fructose, Natural and Artificial Flavors, Non-GMO Soy Lecithin, Rebiana (stevia leaf extract) and LunaRich X™ Proprietary Non-GMO Soy Blend.

Manufactured for and distributed by Reliv International, Inc.,  
Chesterfield, MO 63005. 1-800-735-4887