



Rugby®



High Potency
Sea-Omega®
1000 mg
DIETARY SUPPLEMENT
50 SOFTGELS

**TAMPER-EVIDENT SEAL - DO NOT USE
PRODUCT IF SEAL APPEARS TAMPERED**

DIRECTIONS: Adults - Take one softgel daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	2%†
Cholesterol	10 mg	3%†
Fish Oil	1,000 mg (1 g)	**
EPA (Eicosapentaenoic Acid)(Omega-3)	300 mg	**
DHA (Docosahexaenoic Acid)(Omega-3)	200 mg	**
Other Omega-3 Fatty Acids	100 mg	**

†Percent Daily Values are based on a 2,000 Calorie Diet.
** Daily Value not established.

Other Ingredients: Gelatin, glycerin, mixed tocopherols, purified water.
ALLERGEN CERTIFICATION - This product contains fish (mackerel, sardine, anchovy) ingredients.

FREE OF: Sugar, Starch, Yeast, Wheat, Gluten, Dairy, Gluten, Egg, Artificial Colors or Flavors, Preservatives.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.

Store in a dry place under controlled room temperature: 20° - 25°C (68°-77°F).

SUSTAINABLY SOURCED

PURIFIED TO ELIMINATE MERCURY

Re-Order No. 370345

Rev. 10/19 R-140

Made in China

Control No.:

Exp. Date:



4225-50 Rev.4

Questions or comments? **1-800-645-2158**

www.rugbylaboratories.com

Distributed by: Rugby Laboratories

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