



USE & MIXING INSTRUCTIONS

Mix each serving with 4-6 oz of water and consume 30 minutes prior to exercise. Do not exceed two servings per day.



INTENSITY
FOCUS & ENERGY[‡]



PERFORMANCE BOOST
& MUSCULAR PUMP[‡]



TRAIN HARDER
TRAIN LONGER[‡]

Not intended for those under 18 or with sensitivity to caffeine or nitrates. Pregnant or nursing women, those with a medical condition, and those taking medication should consult a physician before use.



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EAS[®]
MYOPLEX[®]
MIYO
PRE-WORKOUT

LEMONBERRY NATURAL & ARTIFICIAL FLAVOR

5 PER 24 SERVINGS

DIETARY SUPPLEMENT

CONTENTS ARE ONLY BY
WEIGHT, NOT VOLUME.
DO NOT RETAILING MYO DCHL

NET WT 0.82 LB (372 g)

10g[§]
**BEET ROOT
EXTRACT**

400mg[‡]
PEAK ATP[®]

300mg[‡]
CAFFEINE

NO FRUIT JUICE			
SUPPLEMENT FACTS			
SERVING SIZE 1 SCOOP (9.3 g) SERVINGS PER CONTAINER ABOUT 40			
AMOUNT PER SERVING	ONE SERVING	%DV*	TWO SERVINGS
CALORIES	30		60
TOTAL CARBOHYDRATE	5 g	2%	10 g
SUGARS	2 g	†	4 g
SODIUM	90 mg	4%	180 mg
NITRIC OXIDE BLEND	5.2 g	†	10.4 g
BEET ROOT EXTRACT	5 g	†	10 g
NITRATE ION (FROM BEET ROOT EXTRACT & SODIUM NITRATE)	200 mg	†	400 mg
BETA-ALANINE (AS CARNOSYN [®])	1.6 g	†	3.2 g
CREATINE MONOHYDRATE	1 g	†	2 g
ADENOSINE TRIPHOSPHATE (AS PEAK ATP [®])	200 mg	†	400 mg
CAFFEINE ANHYDROUS	150 mg	†	300 mg

* PERCENT DAILY VALUES (%DV) ARE BASED ON A 2,000 CALORIE DIET.

† DAILY VALUE (%DV) NOT ESTABLISHED.

OTHER INGREDIENTS: CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, LESS THAN 2% OF: ACESULFAME POTASSIUM, CALCIUM SILICATE, SUCRALOSE.

MANUFACTURED FOR: ABBOTT NUTRITION
ABBOTT LABORATORIES, 3300 STELZER ROAD
COLUMBUS, OHIO 43219-3034 USA

TO REPORT AN ADVERSE EVENT OR TO OBTAIN
PRODUCT INFORMATION, CONTACT 1-800-297-9776.

‡ THIS STATEMENT HAS NOT BEEN EVALUATED BY
THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.



Contents Tested & Certified

PEAK ATP[®]

CarnoSyn[®]
Carnosine Synthesizer

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