

stay in top form

The exclusive formula in Innergize!® delivers nutrients like chromium and zinc in their most readily absorbed forms. Innergize! adds L-carnitine and L-glutamine to help increase energy and muscle development, magnesium oxide to promote oxygen absorption, and beta carotene to protect against free radicals.*

on or off the field

Innergize! is formulated to help you perform your best — whether working out or working in the yard.* No matter your routine, the vitamins, minerals and amino acids in Innergize! optimize your energy production, oxygen absorption and immune system so you get the most out of every day.*

directions

Add 1 scoop of Innergize! per 8 oz. water and shake or stir until dissolved. For added benefits, use in combination with other Reliv nutritional formulas.

For more information or to order, call 800 RELIV US (735.4887).

ChromeMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth N.I.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

This product was manufactured in a facility that also uses soy, fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.



Innergize!®

natural lemon flavor dietary supplement

**Net Wt. 20.11 oz
(1lb. 4.11 oz)**

Supplement Facts

Serving Size: 1 Scoop (19.0 g)
Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	70	
Total Carbohydrate	18 g	7%†
Total Sugars	14 g	**
Includes 13g Added Sugars		26%
Vitamin C	70 mg	78%
Calcium	110 mg	8%
Magnesium	50 mg	12%
Zinc	4 mg	36%
Chromium	50 mcg	143%
Sodium	55 mg	2%
Potassium	70 mg	1%

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Values not established.

Other Ingredients: Fructose, Maltodextrin, Citric Acid, Tricalcium Phosphate, Natural Flavor, Potassium Citrate, Sodium Chloride, Magnesium Oxide, Ascorbic Acid, Sunflower Oil, L-Glutamine, Beta Carotene, OptiZinc® brand of Zinc Monomethionine, L-Carnitine and ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.

Manufactured for and distributed by Reliv International, Inc.,
Chesterfield, MO 63005. 1-800-735-4887



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