

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 25+ years, but we still do things our way:

- ✓ Create seriously delicious ways for people to get essential nutrients
 - ✓ Use only ultra-purified fish oils, free of mercury and other heavy metals
 - ✓ Share our profits to help people locally and around the world
- WE'RE GLAD YOU'RE GIVING US A TRY & FEEL PRETTY GOOD THAT YOU'LL TRY US AGAIN!**

3x Better Absorption

Our special emulsified formula is absorbed better than traditional fish oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.

Keep out of reach of children and never give to pets.

Refrigerate after opening



SPOON



TOP



BLEND

SHAKE WELL

• PASSION PINEAPPLE SMOOTHIE •



SERIOUSLY DELICIOUS

HIGH POTENCY

OMEGA-3

FROM FISH OIL

OMEGA-3 EPA/DHA 1,500mg



DIETARY SUPPLEMENT

NATURAL

FRUIT FLAVOR

3X BETTER ABSORPTION

TASTE THE FRUIT, NOT THE FISH.



DAIRY FREE • SUGAR FREE



NET WT. 16 oz (1 lb) 454 g

Supplement Facts

Serving Size 1 Tbsp (15 mL)
Servings Per Container 29

	Amount Per Serving	% DV for Adults & Children 4 or More Years of Age
Calories	70	
Total Fat	5 g	7%*
Saturated Fat	1.5 g	7%*
Polyunsaturated Fat	2 g	↑
Monounsaturated Fat	1 g	↑
Cholesterol	35 mg	12%
Total Carbohydrate	5 g	2%*
Total Sugars	0 g	↑
Includes 0g Added Sugars	0%	
Sugar Alcohol	4 g	↑

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA)	910 mg	↑
Docosahexaenoic Acid (DHA)	590 mg	↑
Other Omega-3 Fatty Acids	370 mg	↑

*Percent Daily Values (DV) are based on a 2,000-calorie diet. Daily Value (DV) not established.

Ingredients: Fish oil (anchovy, sardine and/or mackerel), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, lycopene and beta carotene, antioxidant blend (Vitamin E (as d-alpha tocopherol), rosemary extract, acetoxy palmitate, and green tea extract), guar gum, sorbic acid.

Learn more about a Pathway to a Better Life:

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