



TAURINE 500 MG

ANTIOXIDANT*
NEURO & CARDIO SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

250 VEGETABLE CAPSULES

DIETARY SUPPLEMENT



Taurine, one of the most abundant amino acids in the body, is a simple, sulfur-containing compound. It plays a variety of roles in helping the normal function of the brain, eyes, heart and vascular system. It supports heart muscle contractility, stabilizes eye membranes, and has antioxidant activity. This formulation offers Free Form Taurine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
Solgar, Inc.

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SOLGB72700 01C

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Taurine	500 mg**
(Free Form)	

****Daily Value not established**

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Vegetable Stearic Acid.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule up to four times daily, between meals or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

