

USE & MIXING INSTRUCTIONS

Mix one serving into 16 oz of cold water either before, during, or after exercise (up to 3 servings a day). On non-exercise days, take one serving.



REDUCES MUSCLE SORENESS #



REPLACES KEY ELECTROLYTES LOST IN SWEAT ‡





64563 C2819-01 PDP824A





MYOPLEX*

SUSTAIN PERFORMANCE*

7g BCAA

3.5g

1.75g

1.75g

ORANGE

NATURAL & ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT

6 - 0.63 OZ (18 g) PACKETS / NET WT 3.78 OZ (108 g)

NO FRUIT JUICE

Supplement Facts

Serving Size 1 Packet (18 g) Servings Per Container 6

Amount Per Serving	% DV*
Calories 60	
Sodium 270 mg	11%
Potassium 200 mg	6%
Total Carbohydrate 6 g	3%
Sugars 6 g	t
L-Leucine 3500 mg	ŧ
L-Valine 1750 mg	t
L-Isoleucine 1750 mg	t
* Doroont Daily Values /DM are	boood

*Percent Daily Values (DV) are based on a 2,000 Calorie diet. †Daily Value (DV) not established.

OTHER INGREDIENTS: Dextrose, Citric Acid, Malic Acid, Salt, Potassium Citrate, Natural and Artificial Flavor, Inositol, Sodium Citrate, Acesulfame Potassium, Sucralose, Calcium Silicate and Yellow #6.

Manufactured for:
Abbott Nutrition
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To report an adverse event or to obtain product information, contact 1-800-297-9776.

‡ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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