

EAS®**MYO****PRE-WORKOUT****USE & MIXING INSTRUCTIONS**

Mix each serving with 4-6 oz of water and consume 30 minutes prior to exercise. Do not exceed two servings per day.



INTENSITY
FOCUS & ENERGY†



PERFORMANCE BOOST
& MUSCULAR PUMP†



TRAIN HARDER
TRAIN LONGER†

Not intended for those under 18 or with sensitivity to caffeine or nitrates. Pregnant or nursing women, those with a medical condition, and those taking medication should consult a physician before use.



Follow us on Instagram @easmyoplex
or visit EAS.com

MANUFACTURED FOR:
ABBOTT NUTRITION
ABBOTT LABORATORIES
3300 STELZER ROAD
COLUMBUS, OHIO 43219-3034 USA
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To report an adverse event or to
obtain product information, contact
1-800-297-9776.

† This statement has not been
evaluated by the Food and Drug
Administration. This product is
not intended to diagnose, treat,
cure, or prevent any disease.



Contents Tested & Certified

PEAK ATP®

CarnoSyn®
Carnosine Synthesizer

Natural Alternatives International
(NAI) is the owner of patents as
listed on www.carnosyn.com and
registered trademark CarnoSyn®.

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Abbott

EAS®**MYO****PRE-WORKOUT**

10g§
BEET ROOT
EXTRACT

400mg§
PEAK ATP®

300mg§
CAFFEINE

RED APPLE
NATURAL FLAVOR
§ PER 2 SERVINGS

DIETARY SUPPLEMENT

6 - 0.64 OZ (18.2 g) PACKETS / NET WT 3.84 OZ (109.2 g)

NO FRUIT JUICE**SUPPLEMENT FACTS**

SERVING SIZE 1/2 SACHET (9.1 g)
SERVINGS PER CONTAINER ABOUT 12

AMOUNT PER SERVING	ONE SERVING	%DV*
CALORIES	30	
TOTAL CARB.	5 g	2%
SUGARS	2 g	†
SODIUM	90 mg	4%
NITRIC OXIDE BLEND	5.2 g	†
BEET ROOT EXTRACT	5 g	†
NITRATE ION	200 mg	†
(FROM BEET ROOT EXTRACT AND SODIUM NITRATE)		
BETA-ALANINE	1.6 g	†
(AS CARNOSYN®)		
CREATINE MONOHYDRATE	1 g	†
ADENOSINE TRIPHOSPHATE	200 mg	†
(AS PEAK ATP®)		
CAFFEINE ANHYDROUS	150 mg	†

AMOUNT PER SERVING	TWO SERVINGS	%DV*
CALORIES	60	
TOTAL CARB.	10 g	3%
SUGARS	4 g	†
SODIUM	180 mg	8%
NITRIC OXIDE BLEND	10.4 g	†
BEET ROOT EXTRACT	10 g	†
NITRATE ION	400 mg	†
(FROM BEET ROOT EXTRACT AND SODIUM NITRATE)		
BETA-ALANINE	3.2 g	†
(AS CARNOSYN®)		
CREATINE MONOHYDRATE	2 g	†
ADENOSINE TRIPHOSPHATE	400 mg	†
(AS PEAK ATP®)		
CAFFEINE ANHYDROUS	300 mg	†

*PERCENT DAILY VALUES (%DV) ARE
BASED ON A 2,000 CALORIE DIET.
†DAILY VALUE (%DV) NOT ESTABLISHED.

OTHER INGREDIENTS: CITRIC ACID,
LESS THAN 2% OF: NATURAL FLAVOR,
ACESULFAME POTASSIUM, CALCIUM
SILICATE, SUCRALOSE.