

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 25+ years, but we still do things our way:

- ✓ Create seriously delicious ways for people to get essential nutrients
 - ✓ Use only ultra-purified fish oils, free of mercury and other heavy metals
 - ✓ Share our profits to help people locally and around the world
- WE'RE GLAD YOU'RE GIVING US A TRY & FEEL PRETTY GOOD THAT YOU'LL TRY US AGAIN!**

3x Better Absorption

Our special emulsified formula is absorbed better than traditional fish oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.

Keep out of reach of children and never give to pets.

Refrigerate after opening



SPOON



TOP



BLEND

SHAKE WELL



SERIOUSLY DELICIOUS

OMEGA-3

FROM FISH OIL

OMEGA-3 EPA/DHA 1,080mg



TASTE THE FRUIT, NOT THE FISH.

DAIRY FREE • SUGAR FREE

NET WT. 16 oz (1 lb) 454 g

Supplement Facts

Serving Size 1 Tbsp (15 mL)

Servings Per Container 29

	Amount Per Serving	% DV for Adults & Children 4 or More Years of Age
Calories	60	
Total Fat	4 g	5%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	1 g	†
Cholesterol	25 mg	9%
Total Carbohydrate	6 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars	0%	
Sugar Alcohol	5 g	†

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA)	660 mg	†
Docosahexaenoic Acid (DHA)	420 mg	†
Other Omega-3 Fatty Acids	270 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Ingredients: Water, fish oil (anchovy, sardine and/or mackerel), xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, antioxidant blend (Vitamin E as α -tocopherol, rosemary extract, green tea extract, and ascorbyl palmitate), guar gum, sorbic acid.

Learn more about a Pathway to a Better Life:
Barleans.com • 800.445.3529

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