

ACCELERATE YOUR RESULTS.



EAS[®]

NEW

INSTRUCTIONS:

1. Mix each serving with 4-6 oz of water or to taste.
2. Consume 30 minutes prior to exercise. Do not exceed two scoops per day.

Not intended for those under 18 or with sensitivity to caffeine or nitrates. Pregnant or nursing women, those with a medical condition, and those taking medication should consult a physician before use.



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INCREASE STAMINA

Nitrate, naturally found in beet root, improves oxygen efficiency so you can successfully push through your toughest workout.†

BOOST ENERGY

Caffeine from coffee beans provides the boost of energy you need to stay focused and maximize your performance.†

TRAIN HARDER

Beta-alanine buffers muscle acidity so you can train harder, train longer, and overcome muscular fatigue.†



CONTENTS ARE SOLD BY WEIGHT.
SOME SETTLING MAY OCCUR.

PRE WORKOUT

MIXED BERRY
NATURAL FLAVOR

DIETARY SUPPLEMENT

ENERGY & PERFORMANCE

POWERED BY
BEET ROOT

NET WT 0.54 LB (244 g)

NO FRUIT JUICE

SUPPLEMENT FACTS

SERVING SIZE 1 SCOOP (8.1 g)
SERVINGS PER CONTAINER ABOUT 40

AMOUNT PER SERVING	ONE SERVING	%DV*	TWO SERVINGS	%DV*
CALORIES	25		50	
TOTAL CARBOHYDRATE	3 g	2%	6 g	3%
SUGARS	1 g	†	2 g	†
SODIUM	70 mg	3%	140 mg	6%
ENHANCED BEET ROOT PERFORMANCE BLEND	3.7 g	†	7.4 g	†
BEET ROOT EXTRACT	3.5 g	†	7 g	†
NITRATE ION (BEET ROOT EXTRACT & SODIUM NITRATE)	200 mg	†	400 mg	†
BETA-ALANINE (AS CARNOSYN®)	1.6 g	†	3.2 g	†
CAFFEINE (FROM COFFEE BEANS)	125 mg	†	250 mg	†

*PERCENT DAILY VALUES (%DV) ARE BASED ON A 2,000 CALORIE DIET

†DAILY VALUE (%DV) NOT ESTABLISHED.

OTHER INGREDIENTS: NATURAL FLAVORS, CITRIC ACID, LESS THAN 2% OF: ACESULFAME POTASSIUM, CALCIUM SILICATE, SUCRALOSE.

MANUFACTURED FOR: ABBOTT NUTRITION, ABBOTT LABORATORIES, 3300 STELZER ROAD, COLUMBUS, OHIO 43219-3034 USA
TO REPORT AN ADVERSE EVENT OR TO OBTAIN PRODUCT INFORMATION, CONTACT 1-800-297-9776.

† THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

CarnoSyn[®]
Carnosine Synthesizer

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