

RECOVERY PROTEIN

USE & MIXING INSTRUCTIONS

- Take 1 serving (2 scoops) 30 minutes post-workout. Also works as a snack or part of 5-6 smaller meals per day. Consume up to 2 servings daily depending on your protein needs.
- Combine 2 scoops with 8 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender.
- Use with a healthy diet and exercise program.
- Contents sold by weight, not volume. Some settling may occur.

MYOPLEX HERITAGE

In 1995, after years of research into the science of nutrition and muscle retention, EAS developed Myoplex®. It proved so effective, it quickly became known as the go-to supplement for building new muscle and recovering from workouts. Today, Myoplex is still one of the most trusted, high-performance supplements available. And building on this history of safe and proven innovation, the 2015 Myoplex line of nutrition products can help you reach your ultimate fitness goal. Again and again.

Visit EAS.com or call 1-800-297-9776 to learn how EAS® can help you achieve your athletic or fitness goals.



EAS

MYO
PLEX

RECOVERY PROTEIN

INNOVATION
& DEDICATION
SINCE 1993

**BUILD
MUSCLE***

1.5g
HMB

20g
WHEY PROTEIN

41g
CARBS

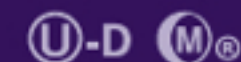
260
CALORIES

CHOCOLATE

NATURAL & ARTIFICIAL
FLAVOR

DIETARY SUPPLEMENT

NET WT 2.7 LB (1.22 kg)



Supplement Facts

Serving Size 2 Scoops (70 g)
Servings Per Container About 17

Amount Per Serving		% Daily Value*
Calories	260	
Calories from Fat	20	
Total Fat	2 g	3%
Saturated Fat	1 g	5%
Trans Fat	0 g	†
Cholesterol	60 mg	20%
Sodium	180 mg	8%
Potassium	270 mg	8%
Total Carbohydrate	41 g	14%
Dietary Fiber	0 g	0%
Sugars	17 g	†
Protein	20 g	40%

Calcium HMB 1.5 g †
(β-hydroxy-β-methylbutyrate monohydrate)

Vitamin A	0%	• Vitamin C	0%
Calcium	20%	• Iron	2%

* Percent Daily Values (%DV) are based on a 2,000 Calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Whey Protein Concentrate (Whey Protein Concentrate, Soy Lecithin), Corn Maltodextrin, Isomaltulose, Waxy Maize Starch-Modified, Cocoa (Processed with Alkali), Natural And Artificial Flavor, Salt, Acesulfame Potassium And Sucralose.

CONTAINS MILK AND SOY INGREDIENTS; MANUFACTURED IN A FACILITY THAT PROCESSES EGG, WHEAT, TREE NUTS, SHELLFISH AND FISH INGREDIENTS.

Manufactured for:
Abbott Nutrition, Abbott Laboratories
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†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

To report an adverse event or to obtain product information, contact 1-800-297-9776.

