



SELENIUM 200 MCG

ANTIOXIDANT SUPPORT*
SUPPORTS IMMUNE SYSTEM HEALTH*

Non-GMO
DAIRY FREE
SUITABLE FOR VEGANS



100 TABLETS

DIETARY SUPPLEMENT

Selenium is an essential trace mineral.* It is a component of the antioxidant enzyme glutathione peroxidase, which helps to fight free-radicals.* Free radicals can cause oxidative stress which may damage cells. Selenium also helps recycle Vitamin E, which in turn adds additional antioxidant support.*

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com
©2019 Solgar, Inc.

Prod 2541
SOLGB80957 02D 14-10762X3S

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
Selenium	200 mcg 364%

DV = Daily Value

Ingredients: Brewer's Yeast (*Saccharomyces cerevisiae*), Selenium Yeast, Vegetable Stearic Acid. Contains Wheat†

†Brewer's Yeast is grown on medium containing wheat.

FREE OF: Dairy, Soy, Sugar, Sodium, Artificial Flavor, Sweetener and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal or as directed by a health-care practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to yeast. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

