

shake up a classic day!

Want proof that your daily supplement works? How about 30+ years' worth? Reliv Classic®, Dr. Theodore Kalogris's original groundbreaking formula, combines a synergistic blend of healthy soy protein, vitamins, minerals, amino acids and select herbs to set the industry standard for complete and balanced nutrition. Gone is the guessing game of mixing and matching bottles of vitamins. Reliv is nutrition made simple.

why shakes work

One word: bioavailability. When dissolved in liquid, as in a Reliv shake, nutrients are absorbed more easily, giving the body instant access to the nutrients they contain and providing greater benefit from each serving.

directions

Add Reliv Classic to water, juice or milk — one scoop per 4 oz. of liquid — and shake or blend until creamy. Two scoops provide a daily serving. Many consumers enjoy optimal benefits by taking one scoop two times per day. For added benefits, use in combination with other Reliv nutritional formulas.

For more information or to order, call 800 RELIV US (735.4887).



Classic®

core nutrition

dietary supplement

Twenty-five grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. One serving of Reliv Classic® provides 7 grams of soy protein.

7g
soy protein
per serving

Net Wt. 18.9 oz
(1 lb. 2.9 oz)

ChromeMate® brand of niacin-bound chromium and OptiZinc® brand of zinc monomethionine are registered trademarks of InterHealth N.J.

This product was manufactured in a facility that also uses fish (anchovy, sardine) and milk which may result in the presence of the allergen in this product.

CHROMEMATE®

OptiZinc® K

M^{HALAL}



glutenfree

customer money back guarantee
30 day

Supplement Facts

Serving Size: 2 Scoops (17.9 g)
Servings Per Container 30

	Amount per Serving	% Daily Value
Calories	50	
Total Fat	1.5 g	2%†
Total Carbohydrate	3 g	1%†
Dietary Fiber	1 g	4%
Protein	7 g	
Vitamin A	1570 mcg	174%
Vitamin C	479 mg	532%
Vitamin D	10 mcg	50%
Vitamin E	40 mg	267%
Thiamin	3 mg	250%
Riboflavin	4 mg	308%
Niacin	20 mg	125%
Vitamin B6	4 mg	235%
Folate	665 mcg DFE (339 mcg folic acid)	166%
Vitamin B12	18 mcg	750%
Biotin	299 mcg	997%
Pantothenic Acid	20 mg	400%
Calcium	830 mg	64%
Iron	18 mg	100%
Phosphorus	540 mg	43%
Iodine	150 mcg	100%
Magnesium	200 mg	48%
Zinc	16 mg	145%
Selenium	50 mcg	91%
Copper	2 mg	222%
Chromium	50 mcg	143%
Sodium	55 mg	2%
Potassium	100 mg	2%

Classic Proprietary Blend	142 mg	**
L-Methionine		**
Cayenne (fruit)		**
Garlic (bulb)		**
Rose Hips (fruit)		**
Papain (from Papaya (fruit))		**
Bromelain (from Pineapple (stem))		**
Chinese Rhubarb (root) Extract		**
Licorice (root) Extract		**
Kelp (whole) Extract		**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Other Ingredients: Non-GMO Soy Protein Isolate, Non-GMO Soy Flour, Magnesium Phosphate, Dicalcium Phosphate, Calcium Carbonate, Brewer's Yeast, Ascorbic Acid, Corn Fiber, Natural Flavor, Non-GMO Soy Lecithin, Potassium Chloride, Alpha Tocopheryl Acetate, OptiZinc® Brand of Zinc Monomethionine, Beta Carotene, Ferrous Fumarate, Biotin, Calcium Pantothenate, Vitamin A Palmitate, Nicotinamide, Copper Gluconate, Pyridoxine HCL, Riboflavin, Vitamin D3, Thiamin HCL, Vitamin B12, Potassium Iodide, Sodium Selenite, Folic Acid and ChromeMate® Brand of Niacin Bound Chromium Polynicotinate.



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Manufactured for and distributed by Reliv International, Inc.,
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