

PROFESSIONAL USE ONLY

Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.

DIRECTIONS: Mix two scoops (40 g) in 8-12 oz cold water and consume. Adjust amount of water according to thickness desired. May be used as a snack, a “rescue” food, an occasional meal replacement, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged. The labeling on this product does not comply with California’s Proposition 65. Therefore, this product may not be sold in California.

FIT Food™ Lean is an easy-to-mix functional food for vegans, individuals sensitive or allergic to soy and/or dairy, or anyone seeking an alternative source of quality protein. FIT Food Lean features VegaPro™, an all-natural rice and pea protein blend.

The pea protein in FIT Food Lean is rich in lysine and arginine. Lysine is of particular interest in weight control because it helps maintain lean body mass. Arginine is essential to weight control for its ability to help increase muscle mass and reduce body fat. Pea protein has the highest lysine concentration (7.2%) of all vegetable-based proteins and the highest arginine concentration (8.7%) among all commercially available proteins.†

Easy-to-digest VegaPro features a full complement of amino acids, including branched-chain amino acids.†

- **Featuring VegaPro™** (proprietary vegan protein blend)
- **Free of Gluten, Dairy, Lactose, and Other Common Allergens**
- **Easy-to-Digest†**
- **Non-GMO**
- **No Soy**
- **No Fructose**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep tightly closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.



FIT Food LEAN

Vanilla Delight

Functional Food

NET WT 19.75 oz (560 g)

ePV:



Nutrition Facts

14 servings per container

Serving size 2 scoops (about 40g)

Amount per serving
Calories 150

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 370mg 16%

Total Carbohydrate 14g 5%

Dietary Fiber 5g 18%

Total Sugars 5g

Includes 5g Added Sugars 10%

Protein 17g

Vitamin D 0mcg 0%

Calcium 17mg 2%

Iron 3mg 15%

Potassium 350mg 8%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: VegaPro™ (XYMOGEN’s proprietary blend of pea protein isolate, glycine, taurine, rice protein concentrate, and L-glutamine), organic dried cane syrup, fiber complex (inulin (from chicory) and oat fiber), natural flavors (no MSG), sunflower oil, tripotassium citrate, cellulose gum, xanthan gum, medium-chain triglyceride oil, Aminogen® (proprietary plant enzyme blend), guar gum, silica, and stevia leaf extract.

AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.

Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Methionine	230 mg
Arginine	1,820 mg	Phenylalanine	1,150 mg
Aspartic Acid	2,400 mg	Proline	940 mg
Cysteine	210 mg	Serine	1,110 mg
Glutamic Acid	3,520 mg	Taurine	500 mg
Glycine	2,860 mg	Threonine	820 mg
Histidine	520 mg	Tryptophan	210 mg
Isoleucine	940 mg	Tyrosine	800 mg
Leucine	1,760 mg	Valine	1,050 mg
Lysine	1,500 mg		

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