Suggested Dosage

1-3 capsules 1-3 times daily. Take as needed according to the severity of symptoms or recommended by your healthcare provider.

Caution Do not take with pharmaceutical sedative drugs. If pregnant or nursing, consult your healthcare provider before using this, or any other product. Store in a cool, dry place. Do not refrigerate. Calm & Clear is a proprietary formula of Pacific Biol.ogic Co. manufactured in an FDA compilant facility in the United States of America from

imported and domestic ingredients.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.



POWERFUL TOOLS FOR GENTLE HEALING

Calm & Clear



500 mg / 60 Vegetarian Capsules

Supplement Facts

Serving Size:3 capsules Servings Per Container: 20

Amount Per Tablet: 500 mg	%D\
Proprietary Blend	
Fo-ti stem (Ye Jiao Teng)	+
Gotu kola leaf	+
White peony root (Bai Shao)	+
Chinese skullcap root (Huang Qin)	+
Lemon balm leaf	+
Passion flower	+
Valerian root	+
Chinese salvia root (Dan Shen)	+
Grass-leaf sweetflag rhizome (Shi Chang P	Pu) +
Polygala root (Yuan Zhi)	+
Tangerine peel (unripe) (Qing Pi)	+
Schizandra fruit (Wu Wei Zi)	+

Daily Value not established.





Manufactured for: Pacific BioLogic Co. Concord, CA. 94521 www.PacificBioLogic.com To report a serious adverse event or obtain product information, contact (800) 869-8783