



Centrum[®]
SILVER[®]

PLUS
VISION

The Most COMPLETE[^]
Eye Multivitamin

Multivitamin/Multimineral Supplement

60 TABLETS

Take Two Tablets Daily



Centrum[®]
SILVER[®]

PLUS
VISION

Marketed by: Pfizer, Madison, NJ 07940 USA
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For most recent product information
visit www.centrum.com

Questions? Comments?
Call 1-877-CENTRUM (236-8786)



Among leading eye multivitamin brands
This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

**LIFT
HERE**

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

| Amount Per Serving | % DV |
|--------------------|------|
|--------------------|------|

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|-------------------------|------|
| Total Carbohydrate <1 g | <1%† |
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|--|-----|
| Vitamin A 3,500 IU (29% as Beta-Carotene) | 70% |
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|-----------------|------|
| Vitamin C 90 mg | 150% |
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| Vitamin D 400 IU | 100% |
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| Vitamin E 60 IU | 200% |
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| Vitamin K 25 mcg | 31% |
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| Amount Per Serving | % DV |
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|----------------|------|
| Thiamin 1.5 mg | 100% |
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| Riboflavin 1.7 mg | 100% |
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|--------------|------|
| Niacin 20 mg | 100% |
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|-----------------------------|------|
| Vitamin B ₆ 3 mg | 150% |
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| Folic Acid 200 mcg | 50% |
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| Vitamin B ₁₂ 25 mcg | 417% |
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| Biotin 30 mcg | 10% |
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| Pantothenic Acid 5 mg | 50% |
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| Calcium 200 mg | 20% |
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| Amount Per Serving | % DV |
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| Phosphorus 50 mg | 5% |
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| Iodine 150 mcg | 100% |
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| Magnesium 100 mg | 25% |
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| Zinc 15 mg | 100% |
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| Selenium 55 mcg | 79% |
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| Copper 0.5 mg | 25% |
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| Manganese 2.3 mg | 115% |
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| Chromium 35 mcg | 29% |
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| Molybdenum 45 mcg | 60% |
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| Amount Per Serving | % DV |
|--------------------|------|
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| Chloride 72 mg | 2% |
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| Potassium 80 mg | 2% |
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| Lutein 10 mg | * |
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| Zeaxanthin 2 mg | * |
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†Percent Daily Values based on a
2,000 calorie diet.

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Dibasic Calcium Phosphate, Modified Corn Starch, Microcrystalline Cellulose, Magnesium Oxide, Potassium Chloride, Corn Starch, Ascorbic Acid (Vit. C), dl-Alpha Tocopheryl Acetate (Vit. E), Corn Syrup Solids. **Contains <2% of:** Beta-Carotene, BHT (to preserve freshness), Biotin, Blue 2 Lake, Calcium Pantothenate, Cholecalciferol (Vit. D₃), Chromium Picolinate, Crospovidone, Cupric Sulfate, Cyanocobalamin (Vit. B₁₂), Folic Acid, Gelatin, Hypromellose, Lutein, Magnesium Stearate, Manganese Sulfate, Niacinamide, Phytonadione (Vit. K), Polysorbate 80, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B₆), Riboflavin (Vit. B₂), Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Thiamine Mononitrate (Vit. B₁), Titanium Dioxide, Tocopherols (to preserve freshness), Triethyl Citrate, Vitamin A Acetate, Zeaxanthin, Zinc Oxide.

SUGGESTED USE: Adults: Take two (2) tablets daily with food. Not formulated for use in children. Do not exceed suggested use.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Keep out of reach of children.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

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Made in Canada

FloraGLO
LUTEIN