

This formulation provides a concentrated natural source of the essential Omega 3 fatty acids EPA and DHA from deep-sea, cold-water fish, plus the essential Omega 6 fatty acid GLA (gamma-linolenic acid) from the seed oil of the borage plant (*Borago officinalis*). EPA and DHA support cardiovascular, cellular and joint health.\* The fish oil in this formulation undergoes molecular distillation to remove mercury and other harmful contaminants.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:  
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SOLGB31255 03B



**EPA/GLA**  
A NATURAL SOURCE OF  
OMEGA 3 FATTY ACIDS  
FROM FISH OILS  
PLUS GLA FROM BORAGE OIL

GLUTEN, WHEAT & DAIRY FREE

60 SOFTGELS

DIETARY SUPPLEMENT

**Supplement Facts**

Serving Size: 2 Softgels  
Servings Per Container: 30

Amount Per Serving		%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Cholesterol	<5 mg	<1%**
Vitamin E (as d-alpha tocopherol)	50 IU	167%
Fish Oil Concentrate	1335 mg	***
comprised of:		
Total Omega 3 Polyunsaturates†	800 mg	***
providing:		
EPA (eicosapentaenoic acid)	400 mg	***
DHA (docosahexaenoic acid)	267 mg	***
Borage Oil (seed)	530 mg	***
providing:		
GLA (gamma-linolenic acid)	90 mg	***

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\*\*Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, sardine, mackerel).

**SUGGESTED USE:** As a dietary supplement for adults, take two (2) softgels twice daily, preferably with meals or as directed by a healthcare practitioner.

**FREE OF:** Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

†As Ethyl Esters

