

The major fatty acid in coconut oil is presently being acknowledged for its health properties. The healthy saturated fat in coconut is comprised of MCT (Medium Chain Triglyceride). MCT Oil from Coconut oil is easy to take, beneficial to your health and may help you lose weight.†

Dietworks® MCT Oil is two-fold: it's uniquely metabolized and it's easily digested. Coconut oil is not stored in your body like other fats, its medium-chain fatty acids are quickly broken down to dispense immediate energy. When your metabolism speeds up, your cells will also function with better efficiency, which may boost your immune system.‡

The coconut oil's satiation effect will be in full force, reducing your appetite and increasing your metabolism. Enjoy the benefits of Dietworks® MCT Oil combined with a healthy diet and exercise program and be one step closer to looking and feeling your best!‡

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MCT OIL

Medium Chain Triglycerides

100% From Coconuts



MIXES INSTANTLY, GREAT WITH
COFFEE & SHAKES



PACKED WITH
BENEFICIAL FATS



METABOLIC & SUSTAINED
NATURAL ENERGY

GLUTEN FREE | VEGAN | DAIRY FREE | SUGAR FREE

30 SERVINGS • NET WT 15 fl. oz. (443 mL)
Dietary Supplement

Supplement Facts

Serving Size: 1 Tablespoon (14.78 mL)

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Calories	130	
Calories from Fat	130	
Total Fat	14 g	18%*
Saturated Fat	13 g	65%*
Medium Chain Triglycerides (from coconut oil)	14 g	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily value not established.

Directions: Take 1 tablespoon as needed.
May take alone or mixed in with your favorite beverage hot or cold.

No refrigeration required.

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