

Non-GMO verified, whole-food folate from organic spinach and organic lemons using a solvent-free process for exceptional purity.

Health Benefits: Supports healthy pregnancy, fetal development, and heart health.*

Verified free of corn, egg, gluten, milk, peanut, shellfish, and soy allergens by an independent lab.

No magnesium stearate, stearic acid, dioxides, sulfates, artificial ingredients, or preservatives.



MADE WITH ORGANIC FOODS

Folate Gold.

800 mcg DFE • 180 vegan capsules

PLANT-BASED WHOLE-FOOD FOLATE
NOT SYNTHETIC FOLIC ACID

VITAMIN SUPPLEMENT



MADE IN GERMANY



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Suggested Use: As a dietary supplement, adults take one (1) capsule daily, or as directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 1 capsule Servings Per Container: 180

Amount Per Serving		%DV
Whole-Food Folate (from organic food blend)	800 mcg DFE	200%
Organic Food Blend	400 mg	†
(organic spinach (<i>Spinacia oleracea</i>) [leaf], and organic lemon (<i>Citrus limon</i>) [peel])		

*Daily Values not established.

Other Ingredients: Vegan capsule (pullulan) and organic rice concentrate.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

Formulated & Distributed By: NutriGold Inc., Orem, UT 84057, USA
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This statement has not been evaluated by the Food and Drug Administration. This product was not intended to diagnose, cure, treat, or prevent any disease.