

MSM, a source of sulfur, is an important contributor to joint and cartilage health.* Sulfur is one of the major elements of glycosaminoglycans. Glycosaminoglycans play an important role in the support of cartilage, which contributes to joint comfort and mobility.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com
©2013 Solgar, Inc.

SOLGB79118 01B


Since 1947

MSM POWDER

(METHYLSULFONYLMETHANE)

JOINT AND CARTILAGE SUPPORT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

NET WT. 8 oz. (226 g)

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: ½ Teaspoon (3 g)
Servings Per Container: About 75

Amount Per Serving

MSM	3 g (3,000 mg)**
(methylsulfonylmethane)	
as OptiMSM®	

****Daily Value not established**

Other Ingredient: Silica.

**FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.**

SUGGESTED USE: As a dietary supplement for adults, mix one half (1/2) teaspoon daily with 8 ounces of water or juice, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

OptiMSM®

OptiMSM® is a registered trademark of Cardinal Associates, Inc. DBA Bergstrom Nutrition.

