



Zero Sugar



Vegan



Gluten-Free



Non-GMO



Suggested Use: As a dietary supplement, take 1 tablet a day or as recommended by your healthcare professional. Allow tablet to dissolve in mouth. No water necessary.

If you are pregnant, nursing or taking medication, consult your healthcare professional before use. Keep out of reach of children. Store at room temperature.

Rev 004



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B-COMPLEX

SYNERGISTIC BLEND OF B-VITAMINS*
NOW WITH L-METHYLFOLATE

STRAWBERRY SWIRL

60 FAST-MELTING
TABLETS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Serving		%DV
Vitamin B1 (as thiamine HCl)	2.25 mg	188%
Vitamin B2 (as riboflavin)	2.55 mg	196%
Vitamin B3 (as niacinamide and niacin)	30 mg	188%
Vitamin B6 (as pyridoxine HCl)	2 mg	118%
Folate (as L-methylfolate, calcium salt)	680 mcg DFE	170%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Biotin	300 mcg	1,000%
Vitamin B5 (as calcium-d-pantothenate)	10 mg	200%
Inositol	10 mg	†

† Daily Value (DV) not established

Other Ingredients: mannitol, modified cellulose, natural flavor and color, plant-based magnesium stearate, monk fruit extract, and silica.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.