

Whole-food B vitamins sourced from real fruits and veggies to support cellular energy, cardiovascular and cognitive functions, and healthy hair, skin, and nails.*

SUGGESTED USE: As a dietary supplement, adults take one (1) capsule daily, or as directed by a healthcare professional.

Caution: Please consult a healthcare professional before taking this product if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



To learn more about this product, scan QR code or visit nutrigold.com/items/2150



ORGANIC & NON-GMO B-Complex Gold™

PLANT-BASED WHOLE FOOD B VITAMINS

30 VEGAN CAPSULES • DIETARY SUPPLEMENT



30 VEGAN CAPSULES

Formulated & distributed by
NutriGold Inc., Irvine, CA 92618 USA
Phone: 408-354-4277 • www.nutrigold.com
Certified organic by SOC COOP USA



SUPPLEMENT FACTS

Serving Size: 1 capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Thiamin (from organic whole-food blend)	11 mg	100%
Riboflavin (from organic whole-food blend)	10 mg	700%
Niacin (from organic whole-food blend)	16 mg	100%
Vitamin B6 (from organic whole-food blend)	11 mg	100%
Folate (from organic whole-food blend)	800 mcg DFE	200%
Vitamin B-12 (as methylcobalamin and adenosylcobalamin)	36 mcg	1500%
Biotin (from organic whole-food blend)	60 mcg	200%
Pantoic Acid (from organic whole-food blend)	18 mg	300%

Organic Whole-Food Blend	555 mg	100%
(organic lemons [peel], organic guava [fruit], organic holy basil [leaf], organic Sesbania [leaf], organic apple [fruit], organic kale [leaf], organic broccoli [flower], organic spinach [leaf], organic carrot [whole root], organic parsley [leaf], organic beet [root], organic green cabbage [leaf], organic blackberry [fruit], organic raspberry [fruit], organic strawberry [fruit], organic tomato [fruit]).		

*Daily Value not established.

Other Ingredients: Vegan capsules (organic pullulan), organic rice bran oil.