

Other ingredients: Microcrystalline cellulose, di-calcium phosphate, stearic acid, magnesium oxide, vegetable cellulose, ferrous fumarate, zinc sulfate, magnesium stearate, potassium chloride, manganese sulfate, potassium iodide, silica, astragalus root, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

Nutritional Support for Natural Energy Production and Overall Well-Being.*

Free from artificial colors, preservatives, yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, six tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE " by **Natural Organics Laboratories, Inc.**, makers of **Nature's Plus**
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PRODUCT NO. 30582



• **E N E R G Y O N T H E G O !** •

Natures Plus®
Source of Life® **Supplement**
Multi-Vitamin & Mineral
WITH WHOLE FOOD CONCENTRATES
Mini-Tabs



EASY TO SWALLOW

Vegetarian • Hypo-Allergenic • 90 Tablets

Supplement Facts

Serving Size 6 Tablets

Servings Per Container 15

Amount Per Serving	%DV	Amount Per Serving	
Calories	10	Spirulina	1000 mg†
Total Carbohydrate	2 g	Essential Fatty Acid—Rich Whole Food . .	220 mg†
Dietary Fiber	1 g	Energy and Prebiotic Fiber Blend: Black	
Protein	1 g	Currant, Sunflower Seed, Octadecanoic Acid	
Vitamin A (as beta carotene)	10,000 IU	Bioflavonoid Complex (from <i>Citrus</i> sp.) . .	60 mg†
Vitamin C (as ascorbic acid)	1000 mg	(active flavanones, flavanols, flavones and	
Vitamin D3 (as cholecalciferol)	1000 IU	related phenolic compounds [26 mg])	
from lichen)		Ginseng Root (Korean)	50 mg†
Vitamin E (as d-alpha	200 IU	Choline (as bitartrate)	30 mg†
tocopheryl succinate)		Inositol	30 mg†
Vitamin K2 (as menaquinone-4,	80 mcg	Quercetin (from <i>Dimorphandra mollis</i>) . .	30 mg†
menaquinone-7)		Papain (from papaya fruit)	30 mg†
Thiamin (vitamin B1) (as thiamine HCl) . .	25 mg	Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Riboflavin (vitamin B2)	25 mg	Betaine HCl	25 mg†
Niacin (as niacinamide)	40 mg	Apple Pectin	20 mg†
Vitamin B6 (as pyridoxine HCl)	25 mg	PABA (para-aminobenzoic acid)	15 mg†
Folate (as calcium-L-5-	400 mcg	Chlorophyll (from spirulina, mulberry leaf)	15 mg†
methyltetrahydrofolate)		Bromelain (from pineapple fruit)	12 mg†
Vitamin B12 (as methylcobalamin)	1000 mcg	(24 gelatin digesting units)	
Biotin	100 mcg	Hesperidin Complex	10 mg†
Pantothenic Acid	60 mg	(from <i>Citrus limon</i> exocarp)	
(as calcium pantothenate)		Amylase (from <i>Aspergillus</i>	5 mg†
Calcium (as aminoate complex)	200 mg	<i>oryzae</i> fermentation)	
Iron (as aminoate	18 mg	Lipase (from <i>Rhizopus oryzae</i> fermentation)	5 mg†
complex, ascorbate)		Carotenoids	4 mg†
Iodine (from kelp)	150 mcg	Octacosanol	200 mcg†
Magnesium (as aminoate complex)	100 mg		
Zinc (as aminoate complex, picolinate)	15 mg		
Selenium (as aminoate complex)	25 mcg		
Copper (as aminoate complex)	0.5 mg		
Manganese (as aminoate complex)	4 mg		
Chromium (as aminoate complex)	20 mcg		
Molybdenum (as aminoate complex) . . .	37.5 mcg		
Potassium (as aminoate complex)	50 mg		

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Made with **VitaShine™**