

Carefully Manufactured for:
Solgar, Inc.
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Leonia, NJ 07605 U.S.A.

For more information, call toll-free
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Prod 1560
SOLGB44606 04E 14-01560X3S



FREE OF: Gluten, Wheat, Dairy, Yeast,
Sugar, Sodium, Artificial Flavor, Sweetener
and Color.

**A pleasant tasting concentrated source of
phosphatidylcholine, phosphatidylinositol
and essential unsaturated fatty acids.**

This product is packed by weight not volume;
therefore settling will occur.

Due to the natural variation of the raw material, color
and appearance may vary from batch to batch.

SOLGAR®
Since 1947
**SOYA
LECITHIN
GRANULES**

OBTAINED FROM NON-GMO SOYBEANS
NUTRITIONAL SUPPLEMENT
WHICH MAY BE USED WITH DAILY DIET

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGANS

NET WT. 8 oz. (227g)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (Approx. 7.5 g)

Servings Per Container: about 30

Amount Per Serving		%DV
Calories	50	
Total Fat	4 g	5%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	2.5 g	**
Monounsaturated Fat	0 g	**
Total Carbohydrate	<1 g	<1%*
Phosphorus	202 mg	16%
Potassium	90 mg	2%
Non-GMO Soy Lecithin	7,500 mg (7.5 g)	**

*Percent Daily Values (DV) are based on a 2,000
calorie diet

**Daily Value (DV) not established

**Ingredient: Soya Lecithin
Granules.**

Contains Soy ingredient.

SUGGESTED USE: As a dietary
supplement for adults, take
one (1) scoop up to two times
daily, preferably with a
meal, or as directed by a
healthcare practitioner.

If you are pregnant, nursing, taking any
medications or have any medical condition,
please consult your healthcare practitioner
before taking any dietary supplement.
Discontinue use and consult your healthcare
practitioner if any adverse reactions occur.
Keep out of reach of children. Store at room
temperature. Do not use if seal under lid is
missing or damaged.