This formulation provides vegetarian-source Glucosamine, along with MSM, a natural source of the important mineral sulfur. It also includes Vitamin C, Manganese, Ginger Root and White Willow Bark extracts. Collectively, these ingredients help to promote healthy joint structure and flexibility, which supports comfortable movement.*

Individual results may vary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. White Willow is a natural ingredient that the body recognizes like aspirin. If you have an allergy to aspirin, please consult your physician before use. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4, www.solgar.com

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SOLGB79110 02B

SOLGAR® Since 1947

SHELLFISH-FREE

GLUCOSAMINE MSM COMPLEX

PROMOTES HEALTHY JOINTS*
SUPPORTS COMFORTABLE MOVEMENT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

PARVE

60 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 20

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	2 g	1%**
Vitamin C (as calcium ascorbate)	100 mg	167%
Manganese (as manganese glycinate†)	5 mg	250%
Glucosamine Hydrochloride (vegetarian, shellfish-free)	1500 mg (1.5 g)	***
MSM (methylsulfonylmethane)	1000 mg (1 g)	***
Ginger 4:1 Extract *(Zingiber officinale)* [root] (equivalent to 432 mg of Ginger)	108 mg	***
White Willow 5:1 Extract *(Salix alba)* [bark] (equivalent to 500 mg of White Willow)	100 mg	***

**Percent Daily Values (DV) are based on a 2,000 calorie diet

***Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

OptiMSM

Regenasure® GLUCOSAMINE

SUGGESTED USE: As a dietary supplement for adults, take three (3) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Solgar's KOF-K certification #K-1250

†Albion International, Inc.

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