



Dietary Supplement 90 Tablets

Directions for use: With each meal, take one tablet with 8 fluid ounces of water. Take this product with at least 8 fl. oz. (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning.

Warning: If you are currently taking warfarin (Coumadin), other antiplatelet aggregation medication or medication used to control blood sugar, consult your physician before using this product. Due to the fiber content in this product, if you have scleroderma (systemic sclerosis) or any disorder of the esophagus, consult your physician before using this product. If you are taking any other prescription drugs or have an ongoing medical condition, consult your physician before using this product. Women who are pregnant or breastfeeding should not use this product. This product is not intended for people who have low blood sugar levels.

KEEP OUT OF THE REACH OF CHILDREN. Store tightly sealed in a cool, dry location and protect from light. Do not use if the safety seal is broken or missing.

Choking: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Resale on third-party websites is strictly prohibited unless specifically authorized by Market America or its corporate affiliates. If barcodes are altered or you purchase this product from an unauthorized third-party website, the product is not guaranteed by Market America or its corporate affiliates.

Lot #

Best when used by:

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

	Amount Per Serving	% Daily Value
Biotin	1,300 mcg	4,333%
Calcium	55 mg	4%
Magnesium (as Oxide)	67 mg	14%
Zinc (as Gluconate)	2.5 mg	23%
Chromium (as Polynicotinate)	67 mcg	191%
Glucomannan	400 mg	*
Alpha-Lipoic Acid	200 mg	*
<i>Gymnema sylvestre</i> leaf	133 mg	*
American Ginseng root extract	33 mg	*
Vanadium (as Amino Acid Chelate)	15 mcg	**

*Daily Value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, film coat (hypromellose, polyethylene glycol, hydroxypropyl cellulose), soy polysaccharides, magnesium stearate and silica.

Contains: Soy

Manufactured for and distributed by:
Market America, Inc., 1302 Pleasant Ridge Road
Greensboro, NC 27409, USA

310A6630901