



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving		%DV
Calories	20	
Total Carbohydrate	3 g	1%**
Dietary Fiber	1 g	6%**
Protein	1 g	
Vitamin A (as beta carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D (as ergocalciferol/cholecalciferol)	700 IU	175%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%
Vitamin K2 (as menaquinone-4, menaquinone-7)	50 mcg	63%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1471%
Niacin (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	200 mcg	3333%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	60 mg	600%
Calcium (as aminoate complex)	200 mg	20%
Iron (as aminoate complex, ascorbate)	4.5 mg	25%
Iodine (from kelp)	150 mcg	100%
Magnesium (as aminoate complex)	100 mg	25%
Zinc (as aminoate complex, picolinate)	15 mg	100%
Selenium (as aminoate complex)	25 mcg	36%
Copper (as aminoate complex)	0.5 mg	25%
Manganese (as aminoate complex)	4 mg	200%
Chromium (as aminoate complex)	20 mcg	17%
Molybdenum	11 mcg	15%
Potassium (as aminoate complex)	50 mg	1%

Red Lightning Proprietary Blend (30 whole foods):	500 mg†
Beet, pomegranate (<i>Punica granatum</i> fruit), goji (<i>Lycium barbarum</i> berry), noni (<i>Morinda citrifolia</i> fruit), mangosteen (<i>Garcinia mangostana</i> fruit), açai (cabbage palm) (<i>Euterpe oleracea</i> berry), cranberry (<i>Vaccinium macrocarpon</i>), red raspberry, black raspberry, red grape, tomato, strawberry, black currant, red bell pepper, bilberry, blueberry (<i>Vaccinium corymbosum</i>), elderberry (<i>Sambucus nigra</i>), nopal cactus, carrot, green tea leaf, turmeric root and rhizome, fenugreek seed, apple, apricot, orange, peach, plum, pear, guava, pineapple, watermelon, mango, pea	
Spirulina	500 mg†
Proprietary Anti-Aging Blend: MSM (methylsulfonylmethane), NAC (N-acetyl-cysteine), turmeric (std. curcumin), grape (<i>Vitis vinifera</i>) seed extract (std. proanthocyanidins)	125 mg†
Essential Fatty Acid—Rich Whole Food Energy Blend: black currant, sunflower seed, octadecanoic acid	220 mg†
Bioflavonoids (from <i>Citrus limon</i> exocarp) (active flavonoids, flavonones, flavones & naringin [26 mg])	60 mg†
Ginseng Root (Korean)	50 mg†
Choline (as bitartrate)	30 mg†
Inositol	30 mg†
Quercetin (from <i>Dimorphandra mollis</i>)	30 mg†

Continued on next panel . . .

Supplement Facts, continued

Amount Per Serving	%DV
Papain (from papaya fruit)	30 mg†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Betaine HCl	25 mg†
Apple Pectin	20 mg†
PABA (para-aminobenzoic acid)	15 mg†
Bromelain (from pineapple fruit) (24 gelatin digesting units)	12 mg†
Hesperidin (from <i>Citrus limon</i> exocarp)	10 mg†
Chlorophyll (from Whole Food Blend/spirulina)	6 mg†
Amylase (from <i>Aspergillus oryzae</i> fermentation)	5 mg†
Lipase (from <i>Rhizopus oryzae</i> fermentation)	5 mg†
Carotenoids (from Whole Food Blend)	4 mg†
Lycopene	2.5 mg†
Lutein (active carotenoid from marigold flower extract)††	1.5 mg†
Octacosanol	200 mcg†

†† Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other ingredients: **Multi Color Whole Food Lightening Proprietary Blend** (cooked whole brown rice, fructooligosaccharides [FOS], chlorella [*Chlorella vulgaris*] [broken cell], Norwegian kelp, fucaeeae [*Ascophyllum nodosum*], laminaria brown algae [*Laminaria digitata*], Irish moss [*Chondrus crispus*], dulce [*Palmaria palmata*], red seaweed [*Lithothamnium calcareum*], spirulina algae [*Spirulina platensis*], bladderwrack [*Fucus vesiculosus*], hijiki [*Sargassum fusiforme*], wakame [*Alaria esculenta*], nori [*Porphyra yezoensis*], kombu [*Laminaria setchellii*], sunflower seed, apple, apricot, banana, cranberry, orange, peach, red raspberry, strawberry, tomato, beet greens, cabbage, onion, parsley, celery seed, papaya, red grape, broccoli, carrot, garlic, spinach leaf, pea, Chinese green tea [decaffeinated], turmeric, red wine grape, Korean ginseng, green coffee bean, thyme, olive fruit, cucumber, juniper berry, holy basil, rice bran, sage, konjac root fiber, date, potato, horseradish, white tea, *Phaseolus vulgaris* bean, shiitake mushroom, parsnip, turnip, cauliflower, ginger, chia, chicory root, lemon, citrus pectin, bamboo, mango, grapefruit, apple cider vinegar, pear, honeydew melon, pineapple, yellow squash, gooseberry, kiwi, oregano leaf, pumpkin, fennel, annatto, clove, hops, rosemary, tangerine, lemongrass, marigold, blueberry, blackberry, elderberry [*Sambucus nigra*], lingonberry, plum, black cherry extract, purple fig, agave, passion fruit, kale, rhubarb, acerola, beet, hibiscus, carob, prune, pomegranate extract, wolfberry [goji], black currant, noni, mangosteen, açai [cabbage palm] [*Euterpe oleracea*], black raspberry, bilberry, nopal cactus, purple carrot, fenugreek, watercress, cinnamon, flax, guava, watermelon), microcrystalline cellulose, di-calcium phosphate, vegetable cellulose, barley, *Echinacea angustifolia*, beet juice, magnesium oxide, stearic acid, zinc sulfate, magnesium stearate, potassium chloride, ferrous fumarate, manganese sulfate, silica, astragalus root, ligustrum berry, schisandra fruit, potassium iodide, organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil and organic guar gum. Mineral aminoates are whole brown rice chelates.

GLUTEN FREE • VEGETARIAN

PRODUCT NO. 30551



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IFC. 1137588

Nutritional Support for Free Radical Defense, Natural Energy Production and Overall Well-Being.*

Experience a Guaranteed Double-Strength Burst of Energy from **Nature's Plus® Source of Life® GREEN AND RED Multi-Vitamin & Mineral with Whole Food Concentrates**. Combining the **Original Source of Life** (green) with **Source of Life RED** yields a synergy that supercharges **Source of Life's** already amazing anti-aging, free-radical-stopping activity, with results so powerful, you feel a **Double-Strength Burst of Energy — Guaranteed!**

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**Take control of your nutrition,
your health — your life!**

Free from artificial colors, preservatives, yeast, wheat, soy and milk. **DIRECTIONS:** As a dietary supplement, three tablets once daily. **KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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