

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin, Mannitol, Maltodextrin.

Contains soy ingredients.

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

FREE OF: Wheat, Dairy, Yeast, Sugar, Sodium and Artificial Flavor.

Not intended for use by pregnant or nursing women. If you are taking any medications, have any medical condition, planning any medical or surgical procedure, or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. Avoid this product if you are allergic to sunflower or daisy-like flowers. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if inner seal is missing or damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Albion® is a registered trademark of Albion Laboratories.

††Some iron supplements cause gastrointestinal irritation and constipating effects. This unique form of chelated iron (bisglycinate) is formulated for enhanced absorption and is gentle on your system. Albion® is a registered trademark of Albion Laboratories.

Note: L-Tryptophan is naturally occurring.

Solgar's KOF-K certification #K-1250

For more information, call toll-free 1-877-SOLGAR 4

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Prod 1187

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ANTIOXIDANT
VITAMINS C & E**

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FORMULA V™ VM-2000®

2000

**MULTINUTRIENT FORMULA
DIETARY SUPPLEMENT**

60 TABLETS
SUITABLE FOR VEGANS
WHEAT & DAIRY FREE



**CAREFULLY MANUFACTURED BY:
SOLGAR, INC.**
500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A.....6,000 mcg DFE...667%		Manganese.....2 mg.....87%	
(as 100% beta-carotene)		(as manganese gluconate, glycinate amino acid chelate†)	
Vitamin C.....300 mg.....333%		Chromium.....25 mcg.....71%	
(as calcium ascorbate)		(as chromium picolinate, nicotinate glycinate chelate†)	
Vitamin D.....10 mcg (400 IU)...50%		Molybdenum.....30 mcg.....111%	
(as ergocalciferol)		(as molybdenum glycinate amino acid chelate†)	
Vitamin E.....134 mg.....893%		Potassium.....10 mg.....<1%	
(as d-alpha-tocopheryl succinate)		(as potassium chloride, amino acid chelate†)	
Thiamin.....100 mg.....8,333%		Inositol.....100 mg.....*	
(as thiamin mononitrate)		Citrus Bioflavonoid.....25 mg.....*	
Riboflavin.....100 mg.....7,692%		Complex	
Niacin.....100 mg.....625%		Biotin.....1 mg.....*	
(as niacinamide, niacin)		Boron.....1 mg.....*	
Vitamin B6.....30 mg.....5,294%		(as boron amino acid complex)	
(as pyridoxine HCl)		Carotenoid Mix.....229 mcg.....*	
Folate.....888 mcg DFE...167%		(alpha and beta-carotene, lutein, zeaxanthin, cryptoxanthin)	
(400 mcg folic acid)		Whole Food® Herbal.....260 mg.....*	
Vitamin B12.....100 mcg.....4,167%		Blend Complex	
(as cobalamin)		Atella (leaf and stem), Rose Hips (fruit), Citrus Bioflavonoid Complex, Rutin, Dong Quai (root), Eleuthero (root), Oat Flour, Suma (root), Watercress (leaf), Echinacea Purpurea (root), Parsley (leaf and stem), Spirulina, Hesperidin Complex)	
Biotin.....100 mcg.....333%		Soy Protein Isolate.....200 mg.....*	
Pantothenic Acid.....100 mg.....2,000%		Providing: L-Glutamic Acid, L-Aspartic Acid, L-Leucine, L-Arginine, L-Lysine, L-Phenylalanine, L-Serine, L-Proline, L-Valine, L-Threonine, L-Alanine, Glycine, L-Tryptophan, L-Tyrosine, L-Histidine, L-Tryptophan, L-Cysteine, L-Methionine	
(as d-calcium pantothenate)			
Choline.....41 mg.....7%			
(as choline bitartrate)			
Calcium.....65 mg.....5%			
(as calcium ascorbate, glycinate amino acid chelate†, d-calcium pantothenate, dicalcium phosphate, carbonate)			
Iron.....10 mg.....56%			
(as ferrous...10 mg.....56%			
sulfate, bisglycinate††)			
Iodine.....150 mcg.....100%			
(as potassium iodide)			
Magnesium.....30 mg.....7%			
(as magnesium oxide, glycinate amino acid chelate†)			
Zinc.....15 mg.....136%			
(as zinc oxide, glycinate amino acid chelate†)			
Selenium.....25 mcg.....45%			
(as L-selenomethionine)			
Copper.....1.5 mg.....167%			
(as copper gluconate, glycinate amino acid chelate†)			

*Daily Value (DV) not established

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