

**EVENING  
PRIMROSE  
OIL  
1300 MG**

women's health <sup>∨</sup>

healthy skin <sup>∨</sup>

mild PMS discomfort <sup>∨</sup>

**OMEGA FATTY ACIDS**

**Dietary Supplement 120 Softgels**



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

**Supplement Facts**

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	15	
Total Fat	1.5 g	2% <sup>†</sup>
Evening Primrose Oil	1300 mg	*
<i>(Oenothera biennis)</i> (seed)		
providing: Linoleic Acid (LA)	544 mg <sup>††</sup>	*
Gamma Linolenic Acid (GLA)	76 mg <sup>††</sup>	*
Oleic Acid (OA)	49 mg <sup>††</sup>	*

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, glycerin, purified water.

<sup>††</sup> Naturally occurring, amounts may vary.

**DOES NOT CONTAIN:** Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

<sup>∨</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** Take one (1) softgel up to twice daily, preferably with meals.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

**TAMPER EVIDENT**

Do not use if outer seal is broken or missing.

**Distributed by:**

The Vitamin Shoppe

Secaucus, NJ 07094

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or call 1-866-293-3367.

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