

Sealed for your protection. Keep out of reach of children.

# Supplement Facts

Serving Size 3 capsules (3g)

| Each capsule contains          |                     |
|--------------------------------|---------------------|
| Calories 9                     | Calories from Fat 9 |
| %Daily Value*                  |                     |
| Total Fat 1g                   | 2%                  |
| OMEGA-3 Polyunsaturates 185 mg |                     |
| OMEGA-6 Polyunsaturates 535 mg |                     |
| OMEGA-9 Monounsaturates 105 mg |                     |

Not a significant source of Vitamin A, Vitamin C, Calcium or Iron.

\*Daily Value based on a 2000 calorie diet

**Ingredients:** Unrefined cold-pressed hemp seed oil, gelatin, glycerin, purified water, caramel powder.

**Suggested Use:** Adults: 1 Softgel capsule, 3 times per day, oral.

**Storage:** For freshness protect from heat and humidity.



720 mg  
OMEGA-3 & 6

# HEMP OIL

Essential Fatty Acid Supplement

120 Softgel Capsules /  
1000 mg ea.

Manitoba Harvest Hemp Seed Oil is a rich source of Omega 3 & 6 Essential Fatty Acids. It is also a source of super fatty acids Gamma Linolenic Acid (GLA) and Stearidonic Acid (SDA).

Manitoba Harvest offers you this nutrition in 1000 mg softgels for your convenience.

In addition to Hemp Seed Oil, Manitoba Harvest produces Hemp Hearts and Hemp Protein Powder.

**Manufactured By:**  
Manitoba Harvest Hemp Foods  
Winnipeg, Manitoba,  
Canada, R2R 1V4  
1-800-665-HEMP(4367)

**PRODUCT OF CANADA**



Packaged On:

Best Before:

04.04.2017



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