

With
Methylcobalamin
& Methylfolate!

With LUTEIN

Natures Plus®

ULTRA

Source of Life®

Whole Life
Energy Enhancer

Multi-Vitamin Supplement With
Whole Foods, Herbs, Enzymes
& Much More!

Mini-Tabs

GLUTEN
Free

Vegetarian • Hypo-Allergenic • 90 Tablets

**Nutritional Support for Natural Energy Production,
Healthy Eye Function and Overall Well-Being.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, six tablets once daily.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size 6 Tablets		Servings Per Container 15	
Amount Per Serving		%DV	
Calories	20		
Total Carbohydrate	3 g	1%**	
Dietary Fiber	1 g	6%**	
Protein	1 g		
Vitamin A (as beta carotene)	10,000 IU	200%	
Vitamin C (as ascorbic acid)	1000 mg	1667%	
Vitamin D3 (as cholecalciferol from lichen)	400 IU	100%	
Vitamin E (as d-alpha tocopheryl succinate)	200 IU	667%	
Vitamin K (phyloquinone)	80 mcg	100%	
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	1667%	
Riboflavin (vitamin B2)	25 mg	1471%	
Niacin (as niacinamide)	40 mg	200%	
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%	
Folate (as calcium-L-5-methyltetrahydrofolate)	400 mcg	100%	
Vitamin B12 (as methylcobalamin)	200 mcg	3333%	
Biotin	100 mcg	33%	
Pantothenic Acid (as calcium pantothenate)	60 mg	600%	
Calcium (as aminoate complex)	200 mg	20%	
Iron (as aminoate complex, ascorbate)	18 mg	100%	
Iodine (from kelp)	150 mcg	100%	
Magnesium (as aminoate complex)	100 mg	25%	
Zinc (as monomethionine)***	15 mg	100%	
Selenium (as selenomethionine, aminoate complex)	25 mcg	36%	
Copper (as aminoate complex)	0.5 mg	25%	
Manganese (as aminoate complex)	4 mg	200%	
Chromium (as polynicotinate)****	20 mcg	17%	
Potassium (as aminoate complex)	50 mg	1%	

Whole Food PhytoAlgae	1000 mg†
Proprietary complex of spirulina (<i>Spirulina platensis</i>), fucaceae (<i>Ascophyllum nodosum</i>), laminaria brown algae (<i>Laminaria digitata</i>), Irish moss (<i>Chondrus crispus</i>), dulce (<i>Palmaria palmata</i>), red seaweed (<i>Lithothamnium calcareum</i>), bladderwrack (<i>Fucus vesiculosus</i>), hijiki (<i>Sargassum fusiforme</i>), wakame (<i>Alaria esculenta</i>), nori (<i>Porphyra yezoensis</i>), kombu (<i>Laminaria setchellii</i>), chlorrella (<i>Chlorella vulgaris</i>) (broken cell), Norwegian kelp	
Essential Fatty Acid-Rich Whole Food Energy and Prebiotic Fiber Blend:	220 mg†
black currant, sunflower seed, octadecanoic acid	
Bioflavonoid Complex (from <i>Citrus limon</i> and <i>Citrus sinensis</i>)	60 mg†
standardized to 48% (28.8 mg) flavanones and 2% (1.2 mg) flavanols, flavones and related phenolic compounds	
Food Fiber Complex	50 mg†
Proprietary Fiber Blend: apple pectin, arabinogalactan, modified citrus pectin, non-GMO tapioca	

Supplement Facts continue on next panel ►

Supplement Facts continued from previous panel

Amount Per Serving	
Whole Food Wellness Complex – Whole fruit concentrates: apple, apricot, banana, camu-camu (<i>Myrciaria dubia</i>), cranberry, orange, peach, red raspberry, strawberry, black cherry, bilberry, plum, pear, beet, tomato, dandelion leaf, olive fruit, beet greens, cabbage leaf, onion bulb, parsley leaf, celery seed, papaya fruit, red grape (<i>Vitis vinifera</i>), broccoli floret, carrot root, garlic clove, spinach leaf	50 mg†
Choline (as bitartrate)	30 mg†
Inositol	30 mg†
Quercetin (from <i>Dimorphandra mollis</i>)	30 mg†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg†
Thione Complex™ – Proprietary Blend: glutathione, selenium (as selenomethionine), N-acetyl-cysteine and grape seed extract	25 mg†
Whole Food Antioxidants – Proprietary Blend: milk thistle seed, Chinese green tea leaf (decaffeinated), turmeric rhizome, red wine (<i>Vitis vinifera</i> fruit concentrate) (alcohol free), ginger root	25 mg†
Whole Food Amino Acid Complex (from spirulina and isolated pea protein) – providing complete profile of critical essential and non-essential amino acids: isoleucine, histidine, leucine, arginine, lysine, aspartic acid, methionine, serine, cysteine, glutamic acid, threonine, proline, phenylalanine, glycine, tryptophan, alanine, valine and tyrosine	25 mg†
Betaine HCl	15 mg†
PABA (para-aminobenzoic acid)	12 mg†
Bromelain (from pineapple fruit) (24 gelatin digesting units)	10 mg†
Hesperidin Complex (from <i>Citrus aurantium</i> exocarp)	10 mg†
Whole Food Enzymes – Proprietary Enzyme Complex: papain (papaya fruit), amylase (<i>Aspergillus oryzae</i>), lipase (<i>R. oryzae</i>), cellulase (<i>T. longibrachiatum</i>), protease (<i>A. oryzae</i>)	10 mg†
Neurosyn – <i>Ginkgo biloba</i> leaf (std. ginkgo flavone-glycosides), ginseng (<i>Panax</i>) (std. ginsenosides)	10 mg†
Source-70 (whole-food-based soluble mineral complex)	10 mg†
Chlorophyll (from spirulina)	7.5 mg†
Carotenoids	4 mg†
Lutein (active carotenoid from marigold flower extract)‡	3 mg†
Boron (as citrate)	1 mg†
Octacosanol	200 mcg†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Other ingredients: Di-calcium phosphate, calcium carbonate, vegetable cellulose, microcrystalline cellulose, magnesium oxide, stearic acid, silica, potassium chloride, magnesium stearate, ferrous sulfate, manganese sulfate, potassium iodide, astragalus root, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf, ligustrum berry, schisandra fruit, rice bran and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

THIONE
COMPLEX
INSIDE

OptiZinc®

FloraGLO
LUTEN

CHROME MATE®

Made with Vitashine™

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc.

makers of Nature's Plus, 9500 New Horizons Blvd.

Amityville, New York 11701, USA

©NATURAL ORGANICS® www.naturesplus.com

PRODUCT NO. 30521

0 97467 30521 2

Thione Complex™ is a trademark of Thione International, Inc.

OptiZinc® and *ChromeMate® are registered trademarks of InterHealth N.I.

†FloraGLO® is a registered trademark of Kemlin Industries, Inc.

Source of Life® is a registered trademark of Natural Organics, Inc. in the US and/or other countries.