



non-gmo



gluten free



gmp



 **Healthy for Life**

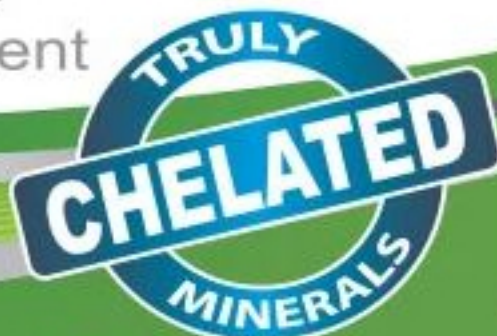
nutrition made simple

# Mineral Supplement

Bio-Available Minerals

**60 Capsules**

Dietary Supplement



[www.HealthyForLifeUSA.com](http://www.HealthyForLifeUSA.com)

Healthy For Life is dedicated to helping people achieve better health. Our products provide essential nutrients often missing from our modern diet and are made with the highest quality organic ingredients.



**DIRECTIONS FOR USE:**  
Take 2 capsules daily with food.

## The Healthy for Life Program



### WHY CHOOSE OUR MINERALS?

Healthy For Life minerals are easily recognized by your body. Minerals can only be used by our bodies when they are combined with a protein. Albion Labs® created a patented process for joining minerals to protein through a process called chelation. Healthy For Life only uses Albion Labs® minerals since they are recognized as the finest minerals available. There are no additives or preservatives in our natural Mineral Supplement.

**WHOLE** FOODS + **HEALTHY** FOR LIFE = **GOOD** NUTRITION

Customer Care: 877-535-6158

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

|                                                          | Per Serving | % Daily Value |
|----------------------------------------------------------|-------------|---------------|
| Iron (Ferrochel® ferrous bisglycinate chelate)           | 10mg        | 56%           |
| Magnesium (TRAACS® magnesium glycinate chelate buffered) | 210mg       | 53%           |
| Zinc (TRAACS® zinc glycinate chelate)                    | 10mg        | 67%           |
| Selenium (as selenium glycinate complex)                 | 50mcg       | 71%           |
| Copper (TRAACS® copper glycinate chelate)                | 2mg         | 100%          |
| Manganese (TRAACS® manganese glycinate chelate)          | 2mg         | 100%          |
| Chromium (TRAACS® chromium nicotinate glycinate chelate) | 200mcg      | 167%          |
| Boron (as boron glycinate complex)                       | 2mg         | *             |

\* Daily Value not established.

**OTHER INGREDIENTS:** Vegetable Capsule

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Made in USA

Manufactured For: Healthy For Life, Des Moines, IA 50322

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