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NATURAL
BOUNCIN' BERRY®
FLAVOR†

60 CHEWABLE TABLETS
DIETARY SUPPLEMENT

MULTIVITAMIN & MINERAL
CHILDREN'S FORMULA

KANGAVITES®

COMPLETE

Since 1947



only
1g of sugar
per serving

CAREFULLY MANUFACTURED BY:
SOLGAR, INC., 500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size:
Servings Per Container:

1 Tablet
60

2 Tablets
30

Amount Per Serving	1 Tablet	%DV for Children 2 and 3 Years of Age	2 Tablets	%DV for Adults and Children 4 Years and Older
Calories.....	5		10	
Total Carbohydrate	1 g	**	2 g	1%**
Sugars.....	<1 g	**	1 g	**
Sugar Alcohol	<1 g	**	<1 g	**
Vitamin A (as vitamin A palmitate, 80% as natural beta-carotene)	2,500 IU	100%	5,000 IU	100%
Vitamin C (as sodium ascorbate)	60 mg	150%	120 mg	200%
Vitamin D (as ergocalciferol)	100 IU	25%	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	15 IU	150%	30 IU	100%
Thiamin (as thiamin mononitrate)	0.75 mg	107%	1.5 mg	100%
Riboflavin	0.85 mg	106%	1.7 mg	100%
Niacin (as niacinamide)	10 mg	111%	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	1 mg	143%	2 mg	100%
Folic Acid	100 mcg	50%	200 mcg	50%
Vitamin B12 (as cobalamin)	3 mcg	100%	6 mcg	100%
Biotin	50 mcg	33%	100 mcg	33%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%	10 mg	100%
Calcium (as calcium carbonate)	64 mg	8%	128 mg	13%
Iron (as ferrous fumarate)	2.5 mg	25%	5 mg	28%
Iodine (as potassium iodide)	22.5 mcg	32%	45 mcg	30%
Magnesium (as magnesium oxide)	32 mg	16%	64 mg	16%
Zinc (as zinc oxide)	1.5 mg	19%	3 mg	20%
Selenium (as l-selenomethionine)	2.5 mcg	**	5 mcg	7%
Copper (as copper gluconate)	0.025 mg	3%	0.05 mg	3%
Manganese (as manganese sulfate)	0.25 mg	**	0.5 mg	25%
Chromium (as chromium picolinate)	5 mcg	**	10 mcg	8%
Sodium	10 mg	**	25 mg	1%
Potassium (as potassium chloride)	5 mg	**	10 mg	<1%

Choline (as choline bitartrate)

Natural Blend

(Soy Lecithin, Carrot Powder, Red Beet Powder, Strawberry Fruit Powder, Apple Fruit Powder, Broccoli Powder, Apricot Fruit Powder, Citrus Bioflavonoids, Inositol, Rose Hips Extract [fruit])

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Sucrose, Fructose, Mannitol, Microcrystalline Cellulose, Natural Flavors, Grape Skin Extract (color), Xylitol, Carrageenan, Citric Acid, Malic Acid, Vegetable Cellulose, Xanthan Gum, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid. Contains soy.

SUGGESTED USE: Children 2 and 3 Years: As a dietary supplement for children, take one (1) chewable tablet daily, or as directed by a healthcare practitioner.

Adults and Children 4 Years and Older: As a dietary supplement for adults and children, take two (2) chewable tablets daily, or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Yeast, Artificial Flavor and Preservatives.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

† With other natural flavors.

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