

ENERGIZE HYDRATE BUILD RECOVER

DIRECTIONS: Mix 1 to 2 stick packs with 8 oz. or more of water.



Nutrition Facts

Serving Size:	1 stick (3.3 g)		2 sticks (6.6 g)	
Servings Per Container:	20		10	
Amount Per Serving	1 stick	% Daily Value**	2 sticks	% Daily Value**
Calories	10		20	
Total Fat	0 g	0%	0 g	0%
Sodium	150 mg	6%	300 mg	12%
Potassium	90 mg	3%	185 mg	5%
Total Carbohydrate	2 g	<1%	4 g	1%
Total Sugars	2 g		4 g	
Includes Added Sugars	1 g		3 g	
Protein	0 g	0%	0 g	0%
Chloride		5%		10%

**Percent Daily Values are based on a 2,000 calorie diet.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,500 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

OTHER INGREDIENTS: ELECTROLYTE BLEND (COCONUT WATER POWDER, SODIUM CITRATE, SODIUM CHLORIDE, POTASSIUM CHLORIDE), ORGANIC CANE SUGAR, CITRIC ACID, NATURAL FLAVORS, MONK FRUIT (SIWA/TIA GROSSENIORI) EXTRACT. **CONTAINS COCONUT.**

MANUFACTURED IN A FACILITY THAT MAY ALSO PROCESS TREE NUTS, MILK, EGG, SOY, WHEAT, SHELLFISH, AND FISH.



Shaklee Distributed by Shaklee Corporation
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Why Low Calorie Electrolyte Drink?

- + Replenishes electrolytes lost during physical activity
- + Contains more electrolytes than the leading brand[†]
- + Clinically tested to hydrate better than water[†]
- + Includes natural electrolytes from coconut water powder
- + Only 1 g of added organic sugar to increase electrolyte absorption

The Shaklee Pure Performance Guarantee

- Guaranteed to be safe and free from banned substances
- No artificial flavors, sweeteners, or preservatives
- Non-GMO
- Star-K Kosher
- Gluten Free

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

1USING 2 STICK PACKS.

Shaklee
Performance

HYDRATE

Hydrates Better Than Water

Low Calorie Electrolyte Drink



20 STICKS

NET WT.
2.3 OZ. (66 g)
0.12 OZ. (3.3 g)
EACH

NATURAL
LEMON-LIME
FLAVORED



Shaklee
Performance

Low Calorie Electrolyte Drink
Clinically tested to hydrate better than water using an electrolyte blend that includes natural electrolytes from coconut water.[†] Provides the essential electrolytes your body needs without the extra sugar, calories, and artificial ingredients typically found in leading rehydration beverages.

For Best Results Also Try:

ENERGIZE

Zero Calorie Energy Drink
Boost Performance & Focus*
#21307

BUILD

Advanced Physique®
100% Grass-Fed Whey Protein
#21313 / #21314

RECOVER

PM Recovery Complex
Recover Quicker*
#21312