

L-Glutamine is a major fuel source for intestinal, immune, and brain cells. It also comprises nearly 60% of the body's total amino acid muscle pool. L-Glutamine regulates nitrogen transport to and from muscle tissue, thereby promoting amino acid balance. This formulation provides Free Form L-Glutamine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

©2013 Solgar, Inc.

SOLGB71254 01B



L-GLUTAMINE 1000 MG

NATURAL MUSCLE FOOD*
PROMOTES GI HEALTH*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS



60 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 30

Amount Per Serving

L-Glutamine	2000 mg**
(Free Form)	

****Daily Value not established**

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take **two (2) tablets twice daily, between meals or as directed by a healthcare practitioner.**

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

