

90 CAPSULES
DIETARY SUPPLEMENT

500 MG†

MAITAKE MUSHROOM



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

Amount Per Serving	% Daily Value
Maitake Mushroom (Grifola frondosa) (fruiting bodies)	500 mg *
†(500 mg Equivalent from 125 mg of 4:1 Extract)	

* Daily Value (DV) is not established.

Other Ingredients: Rice powder, gelatin capsule, vegetable magnesium stearate, silica.

Directions: As a dietary supplement for adults, take three (3) capsules one or two times daily, preferably with meals, or as directed by a health care professional.

Popular Japanese medicinal mushroom. Rich in naturally occurring beta glucans, polysaccharides, minerals & amino acids.*

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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