



Black Seed Oil

- Essential Fatty Acids[°]
- Immune Support[°]
- Cellular Health[°]
- Antioxidant[°]
- Non-GMO[°]
- Vegan[°]



Supplement Facts

Serving Size 2 Liquid Vegetarian Capsules
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%†
Organic Black Cumin 1000 mg		*
Seed Oil (<i>Nigella sativa</i>)		

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic carnauba wax, natural mixed tocopherols (from sunflower oil).

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take two (2) liquid vegetarian capsules daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

○ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by
Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-866-293-3367.

Pure living, naturally true[®]

Welcome to the world of plnt[®]: an array of earth-friendly products including herbs, supplements, vitamins, multis, and whole foods independently tested to ensure purity, potency, and consistent quality.

The plnt line of products is gluten- and dairy-free, with ingredients sourced from nature. That's why we leave out the "a" in plnt, to represent the absence of artificial preservatives, colors, flavors, or sweeteners. The result is nutrition that you can believe in.

actual capsule



Item No. VS-3648

2162337

