



Natural Herbs

Silica

500 MG



90 CAPSULES
HERBAL SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%DV
Horsetail (Equisetum arvense) (aerial) (standardized to contain 7% silica, 35 mg)	500 mg	*

* Daily Value (DV) is not established.

Other Ingredients: Gelatin Capsule, Vegetable Magnesium Stearate, Rice Powder.

Free of: Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener. Preservatives. NON GMO.

Directions: As a dietary supplement for adults, take one (1) to three (3) capsules daily, preferably with meals, or as directed by a health care professional.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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