

**500 MG** | **100 CAPSULES**  
HERBAL SUPPLEMENT



**tnvitamins**<sup>®</sup>

Natural Herbs

# Stinging Nettles

## Supplement Facts

Serving Size: 2 Capsules

Serving Per Container: 50

| Amount Per Serving                                       | % Daily Value |
|----------------------------------------------------------|---------------|
| Stinging Nettles 1000 mg (1 g)<br>(Urtica Dioica) (leaf) | *             |

\* Daily Value (DV) is not established.

**Other Ingredients:** Gelatin, Rice Powder, Vegetable Magnesium Stearate.

Free Of: Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives. NON GMO.

**Directions:** For adults, take two (2) capsules daily, preferably with a meal, or as directed by a healthcare professional.

**Caution:** Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.

Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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