



Time Release

# Vitamin C

1000 mg

**250 TABLETS**

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 250

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	1,000 mg 1,111%
Rose Hips ( <i>Rosa Canina</i> ) (fruit)	10 mg *

\* Daily Value (DV) is not established.

**Other Ingredients:** Cellulose (Plant Origin), Dicalcium Phosphate, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Cellulose Coating.

Free Of: Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Sweetener, Artificial Flavor, Preservatives. NON-GMO. Vegetarian Formula

**Directions:** For adults, take one (1) to two (2) tablets daily, preferably with meals, or directed by a health care professional.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

**Keep out of reach of children.  
Store in a cool, dry place.**

Laboratory Tested And Manufactured For:  
**TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA**

# 60031

**Reorder** [tnvitamins.com](http://tnvitamins.com)  
800-645-4446



0 95234 16003 3