activated b-complex

Increases energy[†]

Promotes a healthy nervous system, bone marrow and intestinal tract[†]

Promotes cardiovascular health[†]

May help decrease stress and improve mood[†]



WEIGHT: 10.5 OZ (300 g)
AN ISOTONIC-CAPABLE DIETARY SUPPLEMENT

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz/60 ml) and stir. As a dietary supplement, take once daily or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently using prescription drugs, have an ongoing medical condition, or if you are pregnant or breastfeeding, you should consult your healthcare provider before using this product.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for and distributed by: Market America, Inc., 1302 Pleasant Ridge Road Greensboro, NC 27409, USA





Resale on third-party websites is strictly prohibited unless specifically authorized by Market America or its corporate affiliates. If barcodes are altered or you purchase this product from an unauthorized third-party website, the product is no quaranteed by Market America or its corporate affiliates.

Best when used by:

Supplement Facts

Serving Size: 1 Capful (3.3 g) Servings Per Container: 90

A	lmount Per Servir	g %DV
Calories	10	**
Total Carbohydrate	2 g	<1%*
Total Sugars	2 g	**
Includes 2 g Added Sugars		4%*
Thiamin HCI (Vitamin B1)	2 mg	167%
Riboflavin-5-Phosphate (Vitamin B2)	3 mg	231%
Niacinamide (Vitamin B3)	20 mg NE	125%
Vitamin B6 (Pyridoxal-5-Phosphate)	6 mg	353%
Folate [(6S)-5-Methyltetrahydrofolic acid, Glucosamine Salt, Quatrefolic**]	432 mcg DFE	108%
Vitamin B12 (Methylcobalamin)	120 mcg	5,000%
Biotin	300 mcg	1,000%
Pantothenic Acid (D-Calcium Pantothena	ate) 20 mg	400%
Calcium (Sulfate)	5 mg	<1%
Potassium (Bicarbonate)	95 mg	2%

* Percent Daily Values are based on a 2,000-calorie diet.
** Daily Value (DV) not established.

Other ingredients: Fructose, glucose, citric acid, maltodextrin, silica, apple fiber, apple pectin, lemon flavor, stearic acid and lime flavor.

⁶Quatrefolic* is the registered trademark of Gnosis S.p.A. and is protected by U.S. Patent No. 7,947,662.