



**ABSORBABLE
CALCIUM
600 MG**

With Vitamin D 2500 IU

**250 SOFTGELS
DIETARY SUPPLEMENT**

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 125

Amount Per Serving	% Daily Value	
Calories	15	
Total Fat	2 g	3%**
Vitamin D3 (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Calcium (as Calcium Carbonate)	1,200 mg	92%

** Percent Daily Value are based on a 2,000 calorie diet.

Other Ingredients: Soybean Oil, Gelatin, Soy Lecithin, Vegetable Glycerin, Titanium Dioxide Color.

Contains: Soy.

Directions: As a dietary supplement, take two (2) softgels daily, or as directed by a health care professional.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:
TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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