

**200 MG** | 100 CAPSULES  
DIETARY SUPPLEMENT

The Universal Antioxidant\*

With Biotin

# ALPHA LIPOIC ACID

**tnvitamins**<sup>®</sup>

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

Amount Per Serving	% Daily Value
Biotin USP (as d biotin)	333 mcg 111%
Alpha Lipoic Acid (thioctic acid)	200 mg *

\* Daily Value (DV) is not established.

**Other Ingredients:** Rice powder, gelatin, cellulose (plant origin), vegetable magnesium stearate, silica.

Free Of: Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Sweetener, Preservatives.

**Directions:** As a dietary supplement, take one (1) to three (3) capsules daily with meals, or as directed by a health care professional.

Alpha Lipoic Acid is an antioxidant that helps to neutralize free radicals.

**Caution:** Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place.

Laboratory Tested And Manufactured For:

**TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA**

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