



GLUCOSAMINE CHONDROITIN MSM COMPLEX

DIETARY SUPPLEMENT
240 CAPSULES

Supplement Facts

Serving Size: 3 Capsule
Servings Per Container: 80

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	30 mg 33%
Manganese (as Manganese Gluconate)	1 mg 43%
Glucosamine Sulfate (2KCl)	1,500 mg (1.5 g) *
Advanced Joint Support Proprietary Blend:	1,700 mg (1.7 g) *
MSM (methylsulfonylmethane), Chondroitin Sulfate, Collagen (Hydrolyzed Gelatin), Boswellia (<i>Boswellia serrata</i>) (resin) (from 4:1 extract), Citrus Bioflavonoid Extract (<i>Citrus limon</i>) (fruit), Hyaluronic Acid	
Boron (as Boron Citrate, Boron Glycinate and Boron Aspartate)	1.2mg *

* Daily Value (DV) is not established.

Other Ingredients: Gelatin Capsule, Rice Powder, Vegetable Magnesium Stearate.

Contains shellfish (crab, shrimp, lobster, crayfish) ingredients.

Free Of: Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives. NON GMO.

Directions: As a dietary supplement for adults, take three (3) capsules daily, preferably with a meal, or as directed by a health care professional..

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

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TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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