



# MAGNESIUM & POTASSIUM ASPARTATE

**250 TABLETS**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 125

Amount Per Serving	DV%
Magnesium (from magnesium aspartate & magnesium oxide)	180 mg 45%
Potassium (from potassium aspartate & potassium citrate)	99 mg 3%

\* Daily Value (DV) is not established.

**Other Ingredients:** Dicalcium Phosphate, Vegetable Magnesium Stearate, Silica.

**Directions:** As a dietary supplement, for adults, take two (2) capsules daily, preferably with a meal, or as directed by a health care professional.

**Caution:** Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature.

Laboratory Tested And Manufactured For:

**TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA**

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