



CALCIUM & MAGNESIUM CITRATE

Plus Vitamin D-3

240 CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 4 capsules
Serving Per Container: 60

Amount Per Serving		% Daily Value
Vitamin D3 (as D3 Cholecalciferol)	20 mcg (800 I.U.)	100%
Calcium (as Calcium Carbonate and Calcium Citrate)	600 mg	46%
Magnesium (from Magnesium Oxide and Magnesium Citrate)	300 mg	72%

*Daily Values (DV) are not established.

Other Ingredients: Cellulose (Plant Origin) Gelatin Capsule, Silica, Vegetable Magnesium Stearate.

Directions: As a dietary supplement, take four (4) capsules daily, preferably with meals, or as directed by a healthcare professional.

Free Of: Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives. NON GMO

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use, Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.

Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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