

MAGNESIUM COMPLEX 400 MG

180 CAPSULES
DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%DV
Magnesium (as magnesium oxide, magnesium citrate and magnesium aspartate)	400 mg	100%

* Daily Value (DV) is not established.

Other Ingredients: Gelatin Capsule, Rice Powder, Vegetable Magnesium Stearate, Citric Acid, Silica.

Free of: Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Flavor, Sweetener and Preservatives. NON GMO.

Directions: For adults, take one (1) capsule daily, preferably with a meal, or as directed by a health care professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Avoid this product if you are allergic to aspirin. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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