



ALPHA LIPOIC ACID

With Biotin
A Universal Antioxidant*

300 MG | **90 CAPSULES**
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 90

Amount Per Serving	% Daily Value
Biotin USP (as d-Biotin)	333 mcg 1,110%
Alpha Lipoic Acid (Thioctic Acid)	300 mg*

* Daily Value (DV) is not established.

Other Ingredients: Gelatin Capsule, Cellulose (plant origin), Rice Powder, Vegetable Magnesium Stearate, Silica.

Directions: As a dietary supplement, take one (1) twice daily with meals, or as directed by a health care professional.

Alpha Lipoic Acid is an antioxidant that helps to neutralize free radicals.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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